

IC2A Newsletter December 2020 Available online at www.ic2a.world

A personal Christmas message from the IC2A President Dr. Nils-Odd Tønnevold



God Jul og Godt Nytt År

Season's Greetings

"We can succumb to adversity or it can bring out the best in us. Tor has been farming sheep on hilly land all his life. He lost a leg to cancer, but retained his farm, livestock and sense of humour. IC2A's ultimate goal is that all having suffered limb loss have access to appropriate rehabilitation and mobility devices to live life to the full and be the best version of themselves, not as a privilege, but as a human right. It is not a cost, it is an investment".

Join and/or support us enable us to achieve more, faster.

Exciting News for IC2A—The OneHand Project



IC2A will partake in a new project funded by the European Commission. IC2A will be working with [Hy5](#) and [The Simulation Crew](#) (TSC).

The project's purpose is to create an improved and **user centred** solution for **upper limb** prosthetic users.

Hy5 is creating a new version of the [MyHand](#) as part of this project, with TSC supporting the project through creating virtual reality training platforms to support upper limb

IC2A's main roles in this project will be to:

- Develop standard guidelines for upper limb patient recovery and rehabilitation in order to ensure best practices and an improved patient journey.
- Be the "voice of the user" in the project to ensure that any new processes resulting from the project will benefit the users.

In connection with this, IC2A seeks to encourage members and member organisations to get in touch if they wish to participate.

IC2A is specifically looking for:

- Feedback on rehabilitation and training practices (both from service users as well as prosthetists)
- Data on upper limb population in respective markets (e.g. population of upper limb amputees, amputees wearing prosthetics and the type of prosthetic used such as myo-electric, mechanic, cosmetic etc.)
- User feedback on current prosthetic solutions.

Note that this project is for **upper limb** patients only.

Any interested participants can please contact Beth Sheehan (projects@ic2a.world) for further information.

The impact of COV-ID 19 on IC2A and our member associations

In 2020 COV-ID 19 has disrupted all plans and activities for IC2A and for our member associations. The IC2A Board has met remotely via Zoom. At a recent board meeting the Board Members gave examples of how their associations had been affected by the pandemic.

- In Germany, the annual meeting of BMAB in March was cancelled along with their successful youth camp.
- In Norway Momentum had small gatherings from April to December, and were allowed into hospitals to assist and had been able to hold an AGM digitally.
- For ADEPA in France all activities were frozen, including their general assembly, with meetings only able to be maintained over the internet.

For 2021 the Board has decided to have a 'free' membership year for Membership Associations who are not able to pay membership fees this year, and encourages new associations to join IC2A. IC2A is currently considering holding virtual meeting to give an opportunity for all the associations to take part in presentations and discussions. We would like to hear associations' news from 2020 and views on this idea of a virtual meeting — please email membership@ic2a.world.

Our Amputee Association Members in 2020 included:

- Australia: www.limbs4life.org.au
- Belgium: Amptraide asbl www.amptraide.eu
- Côte d'Ivoire: Ipademci <https://www.facebook.com/Ipademci-Handicap-323996504931772/>
- Denmark: Amputationsforeningen www.amputationsforeningen.dk
- France: ADEPA – Association de Defense et Etude des Personnes Amputees www.adepa.fr
- Germany: BMAB – Bundesverband für Menschen mit arm- oder Beinamputation www.bmab.eu
- Ireland: Amputee Disability Federation Ireland www.amputee.ie
- Netherlands: KMK – KorterMaarKrachtig www.kortermaarkrachtig.com
- Nepal: Nepal Amputee Association www.ic2a.eu/nepal-amputee-association
- Norway: MOMENTUM – Foreningen for arm- og benprotesebukere www.momentum.nu
- Slovakia: Asociácia Protetických Pacientov (APP) www.appslovakia.sk
- Sweden: AmpisLIV <http://ampisliv.se>
- Switzerland: Promembro www.promembro.ch
- Uganda: Amputee Self-Help Network Uganda ASNU – Foundation <https://www.ic2a.eu/asnu-foundation/>
- UK: The Limbless Association www.limbless-association.org
- Zambia Disability Mentorship Forum www.ic2a.eu/zdma/

IC2A on Social Media!

Don't forget to:

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